

# Getting “their” attention



Forecast Series



**It's always been the battle ground for marketers – how do we get people to lift up their heads and pay attention to our messages**





**In today's increasingly  
connected and invasive  
world we are flooded  
with messages coming in  
from many devices and  
environments 24/7**

**We wanted to look at what's happening to attention for consumers today, and in particular look at what's happening in the homes of our NZ consumers with all those screens.**



## We've uncovered some critical considerations:

- > Multi-screening **doesn't** mean less awareness of your TV advertising. In fact, in some circumstances, it creates better conditions for getting attention than the pre multi-screening era.
- > Understanding the different role TV plays on different viewing occasions helps us better understand the influence of multi-screening.
- > There have always been distractions to our TV viewing attention – we are as distracted and distractable as we've ever been – it's just the distractions that have changed.

# The Methodology

- 1** Unique **qualitative** observational study
- 2** **Quantitative** measurement of multi-screening behaviour – measuring behaviour in the last 30 mins.
- 3** **Ad effectiveness** studies
  - Supplemented by six advertising case studies
- 4** **The psychology of attention**
  - A literature review of the psychology of attention and how we shift attention

# 1 Qualitative Methodology

## What?



An observation of natural multi-screening behaviour in the home viewing context. Actively looking for extremes in behaviour.

## Why?



Explore the what, why, when and how

Observe and document behaviour

Identify triggers and distractions

Understand primary and secondary screens and related motivations

Lift out specifics (devices, platforms)

## How?



In-home Go recording\* of prime viewing period (5.30-10.30pm) over 7 days in 3 lounges across Auckland

Completion of a viewing and multi-screening log from various perspectives for duration

In-home visit with household - extended depth interview

\*2 cameras: seating and screen

## Who?



### 3 households with:

- in-home Wi-Fi, access to multiple devices
- a main TV viewing room (lounge)
- a pattern of regular viewing of scheduled content

including some viewing of on-demand content, and viewing of varied content types

# 1 Qualitative Methodology



**Household 1**  
Traditional older family  
One Tree Hill

- Tongan family with 5 members including three children aged 25, 19 and 17.
- They have SKY TV
- Favourite programmes include Shortland Street, sport and any crime programmes.
- Family active on social media (Facebook and Twitter) and own tablets and smartphones.



**Household 2**  
Younger family (with grandparents)  
Mount Albert

- Single parent with three children aged 11, 10 and 7.
- They don't have SKY TV but have Netflix and watch YouTube.
- Favourite programmes include Shortland Street, Home & Away and MKR.
- They own tablets and smartphones.



**Household 3**  
Flatting  
Milford

- Flatting household with three males (28, 26 and 25) and one female (26).
- They have basic MySKY TV and Netflix.
- Favourite programmes include Newshub, Shortland Street and Police Ten 7.
- They also access on demand content and YouTube through their Xbox One.



## 1 Qualitative Methodology

A man with a beard and curly hair is sitting at a table in a living room. He is wearing a white t-shirt. The room has a fireplace, a bookshelf, and a blue armchair. There are water bottles and a bowl on the table. The scene is dimly lit, suggesting an evening or indoor lighting. A white circle highlights the man's head and shoulders.

# 105 hours

of video recorded  
over this time.

## 2 Quantitative Methodology:

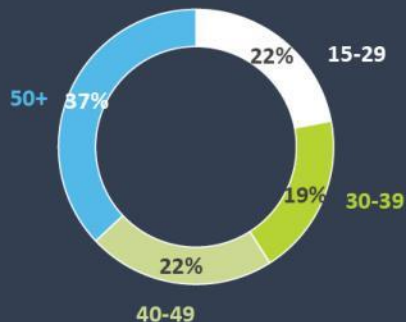
# 3,807

## Diary entries collected

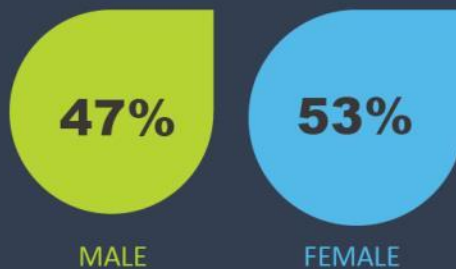
- > We recruited 595 **multi-screeners\*** aged 18+ years
- > Own a TV and at least one other device. Watch broadcast TV (including Sky) on their TV screen at least 3 days a week, watch TV during primetime (5.30pm – 10pm), and at least occasionally use another device while watching TV.
- > **Real Time:** The surveys were sent and completed on mobile and the first question asked about their **behaviour in the last half hour.**
- > Modelling using decision tree analysis

## 2 Quantitative Methodology: Sampling

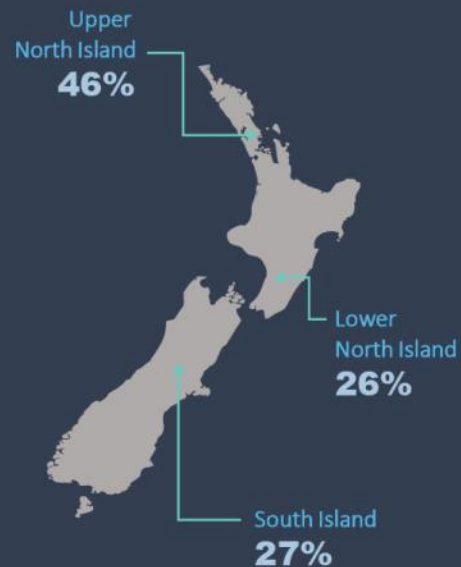
AGE



GENDER



REGION



AGE WITH GENDER



### 3 Ad effectiveness case studies

- > Six independent consumer case studies
- > Identifying the incremental reach in advertising awareness across each media channel
- > Identifying how different channels work together to deliver superior campaign results using Kantar TNS AdEffect™
  - A post testing tool that evaluates the creative and media elements of a campaign by linking brand and ad metrics with campaign exposure.
  - 6,047 respondents

### 3 Ad effectiveness case studies



## 4 The psychology of attention: Methodology

> A review of academic literature on attention, specifically exploring:

- Active perception
- Attention and memory
- How the brain moves attention from one thing to another and why it sometimes fails

## **Findings:**

**Observing the key  
roles that TV plays  
in the lounge**



# The 3 key roles TV plays in the lounge for multi-screenerers

## TV – THE CORE REASON



Devices are present but not necessarily in hand but everyone is more focused on TV.

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'We are sitting down to watch TV'

## TV – THE HUB



Our focus of attention may vary, but one will be more focussed on device, others will be more focussed on TV.

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'We are spending some time together watching TV'

## TV – THE COMPANION



Devices are in hand, but attention deviates from TV to device.

No one is more focussed on TV.

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'TV is on (keeping us company) whilst we do other things on our devices'.



**Findings:**

**Key learnings from  
these observations:**



The content we consume on devices whilst we are multi-screening is very seldom **“unmissable”**...



## The content we consume on devices whilst we are multi-screening is very seldom “unmissable”...

- What we do on device is unstructured and rarely related to TV content.
- When we are multi-screening, most of the time we are social networking or viewing unrelated content on our device.
- We may use our device to seek out information that is related to the content that we are watching (i.e. finding out more about actors in movies, proving/disproving things we have just heard on TV, sometimes after we see an ad for something we like), but there are few examples of true content meshing.



## Contrary to popular opinion...



- The device keeps viewers away from the remote when the ads come on, presenting the opportunity for attention to shift to the TV
- Multi-screenerers are **less** likely to leave the room creating the opportunity for attention to be retained or shift to the TV

## Quantitative findings:

**Now you're in the lounge,  
what are the distractions?  
And, what's happening to  
my attention?**

TV - THE CORE REASON



TV - THE HUB



TV - THE COMPANION



## Quantitative findings:

# Now you're in the lounge, what are the distractions? And, what's happening to my attention?

## TV attention

TV is receiving their full attention. It's their reason for being in the room – e.g. to focus on a favourite show

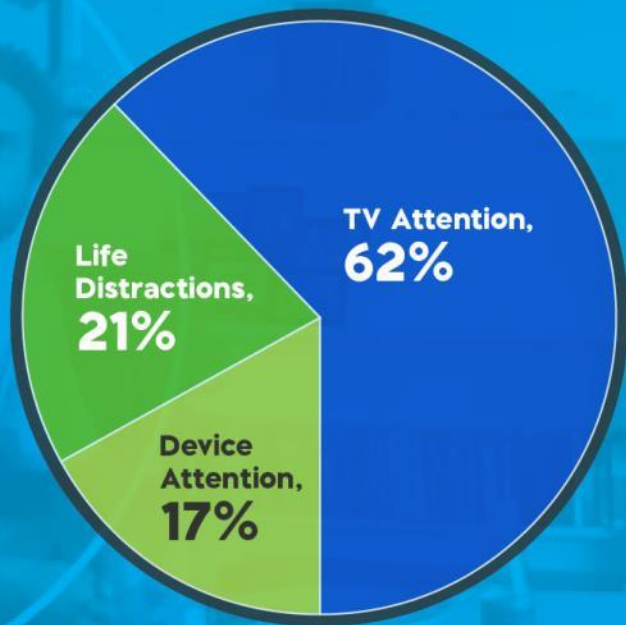
## Life distraction

E.g. Putting the kids to bed, making a cup of tea, paying some bills.

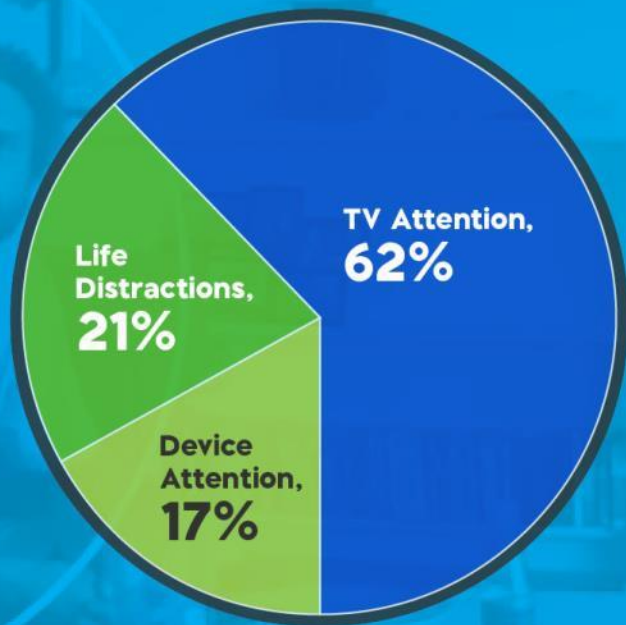
## Device attention

E.g. Messaging, social media, emails, checking news

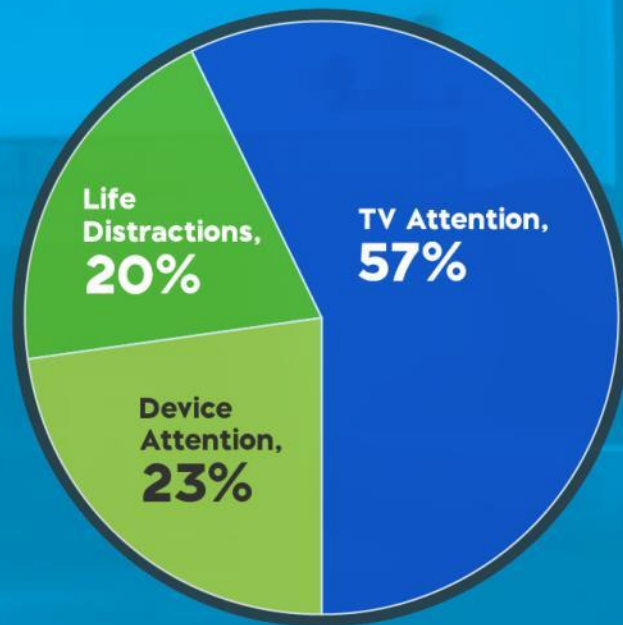
**In an average half hour of TV viewing,  
the majority of attention is on the TV**



# This is even true when we look at the under 30's

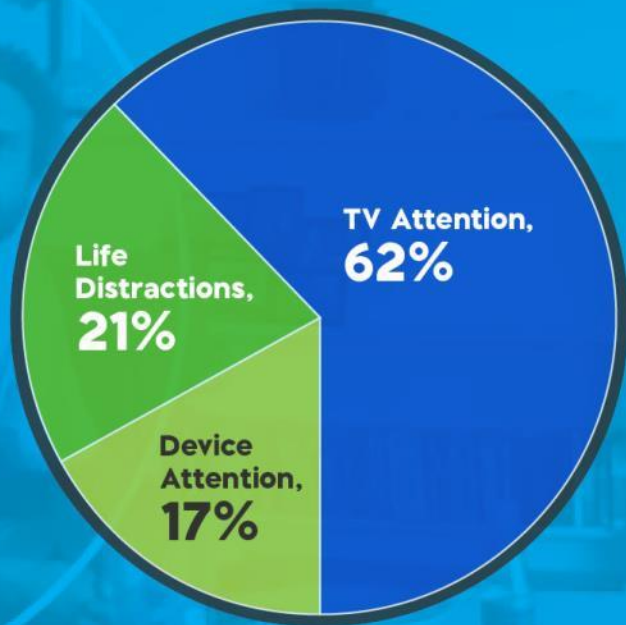


All respondents



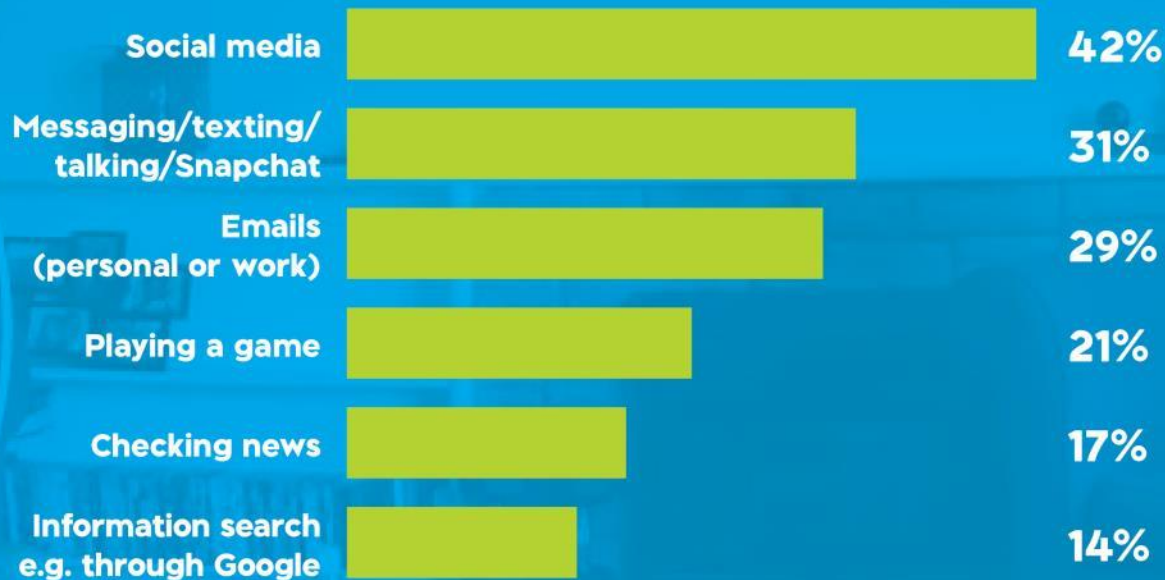
Under 30's





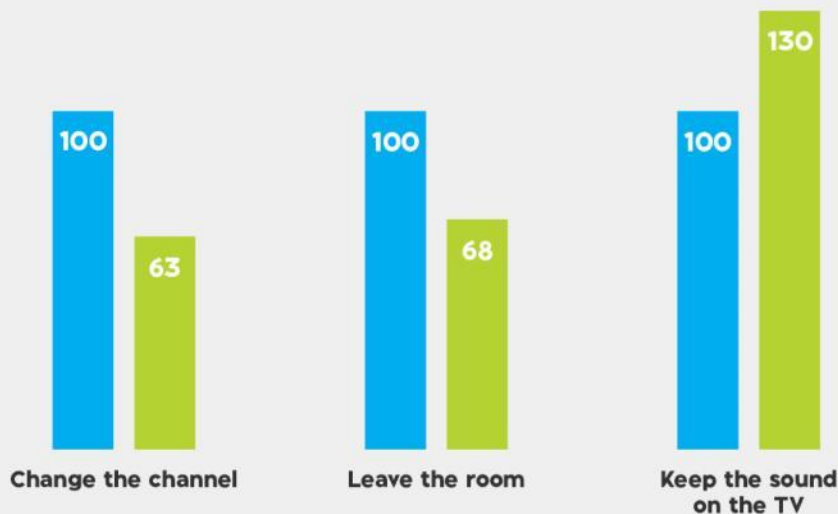
**The highest TV attention is driven by pre-recorded TV and watching drama with Sunday night the highest attention spot**

## What are people doing on their devices?



**Multi-screenerers are less likely to miss the ads – their hands are busy with their device so they're less likely to change the channel, leave the room, or fast forward... and more likely to keep the sound on the TV, leaving them 'available' for advertising messages.**

### If watching broadcast TV:



### If watching pre-recorded TV:



 Non Multi-screenerers  Multi-screenerers

**Our favourite distraction may be looking down at our device  
– but with the right content we will also look up at the TV**



For **one-in-five** multi-screenerers  
– it was something they heard  
that made them look up from  
their device.

## Top reasons for returning concentration to TV

The ad break was over/programme re-started

**32%**



Nothing in particular/I'd finished what I was doing on my device

**25%**



I heard something that made me look up

**21%**



I realised I hadn't been following what was on



## **We have two main senses when we are 'watching' TV**

While TV advertising typically focuses on engaging consumers with the visual elements of video, don't forget the role of sound to capture/re-capture attention particularly in our multiscreen world.



## Audio plays a critical role to (re-)capture attention through:

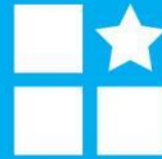
Music



Verbal story-telling



Being different  
or unexpected



Cueing long-term  
memories

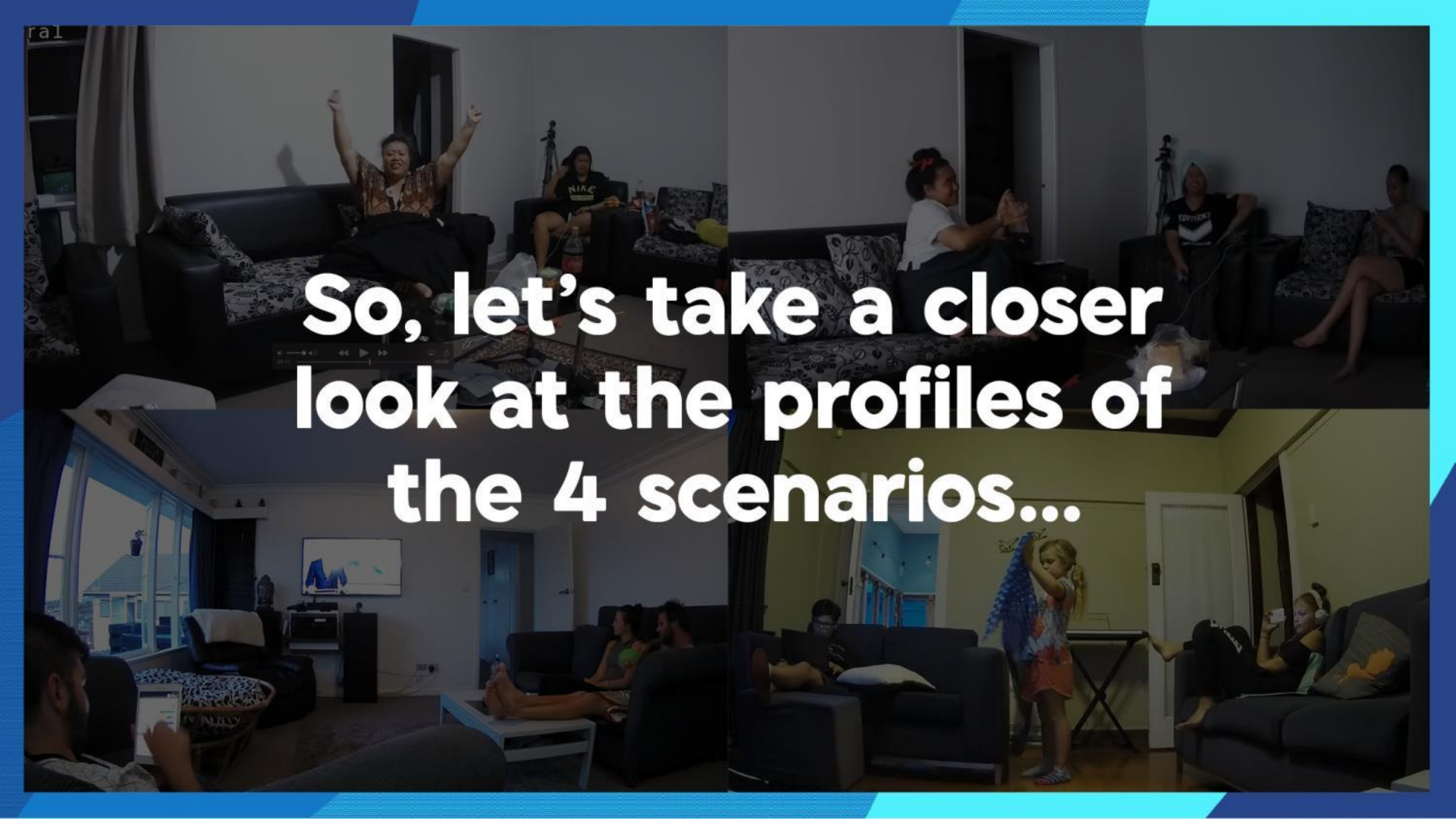


So, now we know the three roles of TV in the lounge and what reduces their attention in those circumstances.

Taking a closer look, we found four distinct scenarios:

TV – THE CORE REASON	TV – THE HUB		TV – THE COMPANION
Scenario 1	Scenario 2	Scenario 3	Scenario 4
Fully Engaged with TV <b>24%</b> of viewing occasions	Life Distractions (no device) <b>18%</b> of viewing occasions	Life and Device Distraction <b>27%</b> of viewing occasions	Device Attention <b>31%</b> of viewing occasions





**So, let's take a closer  
look at the profiles of  
the 4 scenarios...**

## The 4 attention scenarios

What's really interesting is that even in scenario 4 with high device distractions, TV ads are recalled at 80% of the recall we get in scenario 1

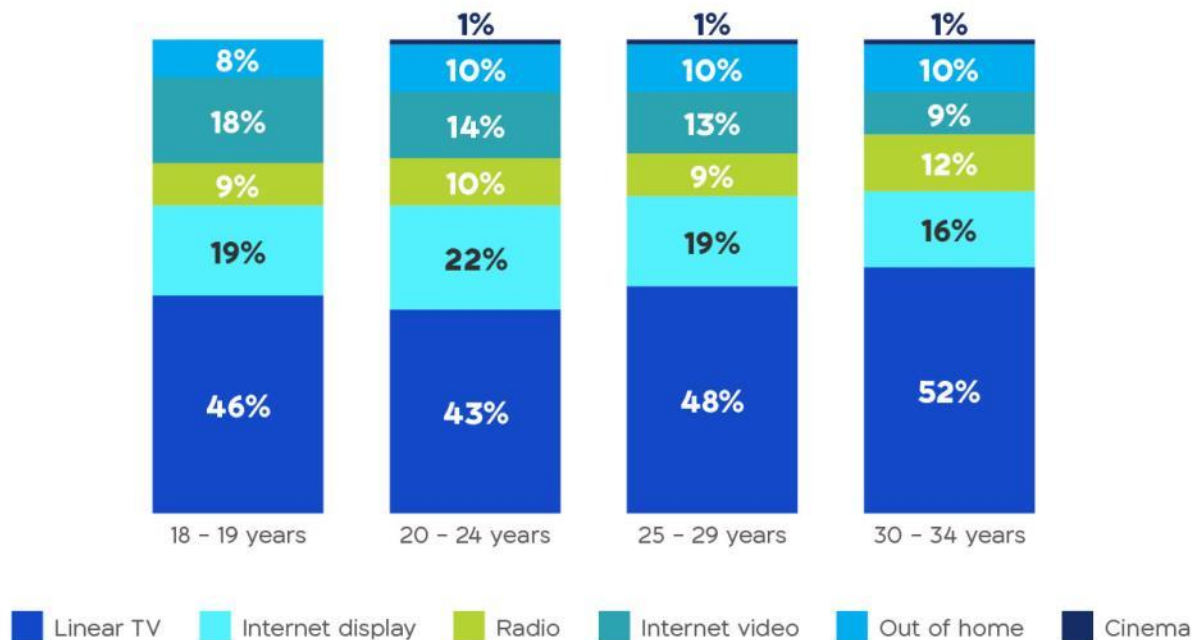
	TV: The Core Reason	TV: The Hub		TV: The Companion
	<b>Scenario 1</b>	<b>Scenario 2</b>	<b>Scenario 3</b>	<b>Scenario 4</b>
	100% of their attention is fully engaged with TV	Life distractions (no device)	Life distractions and device attention	Device attention
% of viewing Occasions	24%	18%	27%	31%
Attention Spread	<p>TV 100%</p>	<p>TV 69% 31% Life distractions</p>	<p>TV 42% 47% 11% Life distractions Device attention</p>	<p>TV 47% 7% 46% Life distractions Device attention</p>
Recalled Adverts	33%	30%	24%	26%



**Whilst, perhaps initially surprising, this is supported by our previous findings...**

# Our Ad Effectiveness case studies found that for millennials TV still contributes the bulk of advertising recognition.

Share of advertising recall by age band (5 case study average)



09:33:47 PM

**When people are on devices they're less likely to leave the room or use the remote**

Multi-screening Qualitative study

**Hearing something on the TV screen made people re-engage their attention with the TV**

The role of sound literature review

# And let's not forget the majority of us are still watching 'live' TV



of any content viewing occasions on their TV (including SVoD) were watching TV live

- 51% watching FTA TV as it was broadcast

**50+yr olds (63%)**

**Under 30yr olds (58%)**

**21%**

were watching pre-recorded broadcast TV  
(16% watching pre-recorded FTA TV)

40-49yr olds (32%)

**8%**

were watching any free OnDemand TV  
(4% Broadcaster OnDemand, 4% YouTube)

Under 30yr olds (13%)

**8%**

were watching Subscriber VoD

Under 30yr olds (13%)

# Conclusion:

## Don't fear the device

Next time you're considering the impact of multi-screening on your planned campaign, here's the

**Top 10 reasons to embrace rather than fear the device**

## The Top 10

NUMBER 10:

**59%** of all

TV/video occasions are being watched as they're broadcast.

NUMBER 9:

**3/4**

of multi-screener  
are watching TV/  
video content in  
an average prime-  
time half hour

(even 70% of  
Under 30's are)

NUMBER 8:

Just because younger audiences have a digital device in front of the TV does not mean you won't get their attention to the TV.



## The Top 10

### NUMBER 7:



The way we watch TV and respond to TV advertising hasn't really changed at all, we are as distracted and distractible as we have ever been.



**It's just the distractions that have changed.**



### NUMBER 6:

It has moved on from the days when we would get up, leave the room and put the kettle on during the ad break to us picking up our device and staying in the room when the ads come on.



### NUMBER 5:

Second screens are a better form of distraction that help to retain the opportunity for advertisers to engage with TV viewers.

**Picking up a device means the audience is less likely to channel hop or time shift TV advertising.**



## The Top 10

NUMBER 4:



Auditory cues are really important

**21%** of people heard something that made them look up

We

are not passive recipients of the information we encounter. Even when our attention is divided we form conscious memories.

NUMBER 3:

NUMBER 2:

Just

**1 / 10**

multi-screening occasions are related to TV content (meshing).

This is an opportunity to create engaging, consistent advertising that travels across screens

**NUMBER 1:**

**A big**

**opportunity exists for you  
to exploit the multi-screen  
moments...**

## **Appendix**

# **A few words on attention and memory...**



## A few words on attention and memory

- > Humans are not passive recipients of the information they encounter but rather are active participants in our own perceptual process. They have to switch on – it's not sufficient to have it in front of you – even if you are staring at it
- > In order for information to be encoded into memory, we must first pay attention to it. The process of paying attention to a particular piece of information is called attentional capture.

## A few words on attention and memory

- > Memory has a limited capacity and so attention determines what will be encoded.

Division of attention during encoding prevents the formation of conscious memories.

Such memories can be encoded even when there is another concurrent task, however the stimuli that are to be encoded must be selected from among other competing stimuli.

- > Memory from past experiences guides what should be attended to.

The background of the slide is a dark, blurred image of colorful bokeh lights in shades of red, yellow, and green, creating a bokeh effect. The text is overlaid on this background.

# **A few things to know regarding how the brain moves attention from one thing to another, and why sometimes it fails.**

Three phenomena - three attention related phenomena are discussed: attentional blink, inattention blindness and change blindness. Each of these explain why in certain situations, individuals may miss important information in their surrounding environment.



# Attentional blink

**When you shift attention from one thing to another there's a gap, essentially it's like an eye blink where nothing's going into the brain.**



A person in a dark suit and white shirt is shown from the chest up, reaching out with their right hand towards the viewer. The hand is open, palm facing forward. The background is a blurred office setting with windows. The overall image has a blue tint and is framed by a blue border.

# **Inattentional blindness**

**Not seeing what's right  
in front of us.**

A person in a dark suit and white shirt with a tie, gesturing with their right hand towards the text. The background is blurred, showing what appears to be an office or business setting. The text is overlaid on the image.

# **Change blindness**

**Not picking up on obvious changes in what we are seeing now (when its right in front of you) compared to what you first observed.**

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